



Wing Chun Bing Fa Kung Fu

PUBLIC HOLIDAY

LABOUR DAY 08/03/2010

Academy Closed

**Classes will not be running
on this day.**

The celebration of Labour Day has its origins in the eight hour day movement, which advocated eight hours for work, eight hours for recreation, and eight hours for rest. The **eight-hour day movement or **40-hour week movement**, also known as the **short-time movement**, had its origins in the Industrial Revolution in Britain, where industrial production in large factories transformed working life and imposed long hours and poor working conditions. With working conditions unregulated, the health, welfare and morale of working people suffered. The exploitation of child labour was common. The working day could range from 10 to 16 hours for six days a week.....*

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